SRHS

JUNIORS

2020 – 2021

Graduation Information

and

Jump Start to College Applications

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Scripps Ranch High School
Student and Parent
Supports for Success "Action Plan"

Parent Action Plan

1. Ask your student about school.
2. Check student planner to ensure your child is writing all assignments daily. *Planners may be purchased in the Financial Office for $10 ***Free for Freshman!
3. Have a specific study time scheduled for homework completion and studying.
4. Review your student's homework daily (until you see that HW completion is a habit).
5. Contact your student's teachers if you have concerns.
6. Inquire about tutoring with the teacher. Schedule a meeting with them if needed.
7. **Have your student attend Peer Tutoring Monday – Friday from 1:00-2:00 p.m.** https://bit.ly/srhstutoring
8. Log on to PowerSchool weekly so you can check attendance, classwork/homework completion, test scores, etc.
9. Look at the SRHS website (scrippsranch.sandiegounified.org) for parent/student information.
10. Look at the SRHS Counseling website (srhscounseling.com) for counseling news.
11. Read the Principal's weekly message (sent via email every Friday) Contact Grace Parra in attendance gparra@sandi.net if you are not receiving.
12. Encourage your student's involvement in school activities.

Counselor	Email address
Mrs. Morrill (A-Dia)	jmorrill@sandi.net
Mrs. Estrada (Dib-Ja)	jestrada1@sandi.net
Ms. McDonald (Jb-More)	lmcdonald@sandi.net
Mrs. Hatfield (Morf-Sel)	shatfield@sandi.net
Mr. Johnson (Sem-Z)	mjohnson6@sandi.net

Student Success Plan

1. Write down daily assignments in planner. *If no homework, write what you are working on in class so you can review/study at home!
2. **Spend a <u>minimum</u> of 20 minutes studying/reviewing/practicing for <u>each</u> academic class per night!**
3. Complete all class and home assignments on time and to the best of your ability.
4. Ask for help when you do not understand something! Seek your teacher's assistance and see when there are tutoring opportunities.
5. Attend Peer Tutoring Monday –Friday from 1:00 – 2:00 p.m., Sign-Up at https://bit.ly/srhstutoring
6. Get the name and number from one student in each class who you can contact when needed.
7. When absent from school, contact a classmate to find out what was missed during your absence. You may also look at the teacher's website for information or you may email your teacher.
8. **Upon return from absence, see your teachers for missing assignments. Get clear due dates from each teacher!**
9. Check grades in PowerSchool **at least once a week.** See teacher immediately if any discrepancies in grades.
10. Practice good **Study Habits** and **Organizational Skills**! These are two key factors in student success!
11. See your counselor for support.

News You Can Use!

Graduation from SRHS

Use the unofficial transcript you received at Kick-Off to confirm you are on-track for graduation. (If you have less than 21 credits as of 10/2020 or a GPA less than 2.0 in grades 9-12, you need to schedule a meeting with your counselor!)

- ✓ Area A – 3 years of Social Science
- ✓ Area B – 4 years of English
- ✓ Area C – 3 years of Math
- ✓ Area D – 3 years of Science
- ✓ Area E – 2 years of Language other than English (LOTE)
- ✓ Area F – 1 year of Visual or Performing Arts (VAPA)
- ✓ Area G – 1 year of College Preparatory Elective
- ✓ 2 years of Physical Education
- ✓ Earn a minimum of a 2.0 GPA
- ✓ 44 Total credits

Importance of Junior Year
- ➢ Remember that grades, attendance and other factors determine your class placement for your senior year!
- ➢ GPA will be calculated from 10th and 11th to determine GPA **for most college applications, however your freshman year grades still count!!!**
- ➢ **NO "D" grades allowed in any core subject area for 4-year college entry! D grades MUST be made up!**
- ➢ Explore Naviance! Directions for how to log on can be found on the Counseling website.
  Logging On: Log-in to Naviance via the Clever Portal:https://clever.com/in/sdusd
    - a. Go to the About Me tab, then to My Assessments.
    - b. Begin exploring Careers and Colleges
- ➢ Explore California Colleges at californiacolleges.edu. Go to the College, Career and Financial Aid tabs to utilize

Get Involved!
On some college applications (Common App, UC, Out-of-State or Private colleges), you will describe your involvement in your extracurricular activities.
- ➢ Extracurricular Activities (Music, Sports, AFJROTC, Clubs, Scouting, Church/Synagogue etc.)
- ➢ Leadership
- ➢ Community Service
- ➢ Job Shadows

School Visits
- ➢ Take advantage of breaks to visit colleges *(due to COVID 19 some colleges may not allowin in-person tours, see if those schools offer virtual tours)*
- ➢ Call to schedule tours
- ➢ Register for collegeweeklive.com (virtual tours)
- ➢ Use Naviance for college searches
- ➢ Explore college websites
- ➢ Attend College Fairs and Presentations: see the College Fairs & Presentions Calendar on the Counseling website

College Entry: College Entrance Exams and Test Prep

SAT/ACT

<p style="text-align:center"><strong style="color:red">Due to COVID 19 Restrictions, please go to college webistes to verify college entrance exam requirements</p>

- **To be taken for CSU, UC, Out-of-State and Private Schools**
- **NOT** required for Community College
- **Mock SAT/ACT is a great way to begin your prep** – Mock SAT/ACT offered by Revolution Prep.
- For Mock exams, you may register Sign up at **https://www.revolutionprep.com/partners/130/** . If you have questions you may email joe.twohig@revolutionprep.com or you may call Joe Twohig at 619.550.4193
- For SAT, register at College Board **(collegeboard.com)**.
- For ACT, register at **act.org**
- SAT vs. ACT (which is best for you?) –Taking "Mock Exams" is one way to determine which test you prefer.
- Subject Tests are NOT required for UC schools. STILL check the school/major and see if recommended! Some private schools require SAT Subject Tests.
- **When to take the SAT or ACT? It is recommended to take the test in the Spring of the Junior year. Look at your schedule to determine the best time for you.**
- **Here are some Resources for prepping for SAT/ACT**
    a. Khan Academy (free SAT prep) khanacademy.org
    b. Ineedapencil.com (free on-line program)
    c. College Board
    d. ACT.org
    e. The College Board Test Prep Book at Barnes and Noble
    f. Revolution Prep, Ivy Insiders, USD, Princeton Review, Kaplan, UCSD, Tutoring Club, Hamilton

Why should I take practice test? Taking full-length practice tests under timed conditions is essential to being ready when your official test date comes.

Practice tests:
- Give you real-time snapshots of your testing performance. Testing performance can change over time, so it's important to make test preparation decisions on the basis of fresh information.

- Help you build testing endurance. The SAT and ACT are almost 4 hours long, so it's important to practice staying alert and focused for extended periods of time.

- Provide the best way to choose between the SAT and ACT. Even if you have taken the PSAT and ACT Aspire, you'll want to take full-length SAT and ACT practice tests before selecting your testing path.

SRHS Jump Start to College Applications

To Do List

- ➤ **BE AWARE OF DEADLINES & FOLLOW THEM!**
- ➤ Prepare for the ACT or SAT. Consider taking first official exam in the spring.
- ➤ Register for SAT/ACT EARLY to avoid late fees and having to drive far for your test. **Check college website for testing deadlines.**
- ➤ Check whether your school requires the SAT Subject Tests. If so, register. Subject tests are NOT required for CSU's or UC's, however, still check within your major at the UC to see if it is recommended!
- ➤ Register on collegeweeklive.com-Virtual College Tours, seminars on financial aid, scholarships, essay writing, etc.
- ➤ Naviance! Naviance is a great tool for you to learn about your personality and interests, research colleges and careers, keep track of your community service, extra-curricular activities, awards and accomplishments.
    - **Update your email address & check that *Profile* information is accurate** (found under "about me " tab, under "My Account" link)
    - Explore Careers and "Road Trip Nation" under the Careers tab.
    - Complete the **Resume** (found under the "My Stuff" tab). Helps you keep track of dates and hours so you have access to it when completing your applications. Take special note in community service, work, and special awards.
    - If you are going to request a letter of recommendation in the fall of your senior year, it is recommended that you complete the **Senior Information Sheet** and have your parent complete the **Parent Brag Sheet** (both found under the "about me tab", under "My Surveys" under "Surveys Not Started"). Look at college websites under admissions to see if a letter is required.
    - Begin your **College Search** (found under "colleges" tab).
    - **Start looking for Scholarships!** Scholarships are found on Naviance. You may also look at sites included on our Helpful Website page in this packet. Many scholarships may be for seniors, but this will help you plan for when to apply next year. Just beware if you are asked for money. We advise you do not participate in scholarships that cost you money.
- ➤ Start to compose a list of desired colleges and admission requirements (including due dates).

Types of Schools

- ➤ **Community College** – No SAT or ACT required.
- ➤ **CSU** – There are 23 schools. Go to calstateapply.edu and explore the website.
  Application period for CSU's is October 1 – November 30. **No letter of Recommendation needed**
  Currently, the only information needed for CSU applications are your grades and repsonses to 5 yes/no questions. In the past, SAT/ACT was also required, but has been removed at this time. Must view updated requirements in the fall 2021. SAT/ACT may still be provided for placement in future college courses.
- ➤ **UC** – There are 9 schools. The application is more detailed. You will provide information about community service, leadership, awards, work, etc. In addition, you must select 4 of the 8 Personal Insight questions to complete. **No Letter of Recommendation needed**

UC - Personal Insight Questions

What do you want UC to know about you? Here's your chance to tell us in your own words.

Directions:
➢ You will have 8 questions to choose from. You must respond to only 4 of the 8 questions.
➢ Each response is limited to a maximum of 350 words.
➢ Which questions you choose to answer is entirely up to you; You should select questions that are most relevant to your experience and that best reflect your individual circumstances.

Keep in mind:
• All questions are equal; All are given equal consideration in the application review process, which means there is no advantage or disadvantage to choosing certain questions over others.
• There is no right or wrong way to answer these questions; It's about getting to know your personality, background, interests and achievements in your own unique voice.

Questions and Guidance:

Remember, the personal questions are just that — personal. Which means you should use our guidance for each question just as a suggestion in case you need help. The important thing is expressing who are you, what matters to you and what you want to share with UC.

Tips and techniques for completing UC Personal Insight Questions

Start early. Allow time for reflection, thoughtful preparation and revision.

Compose personal insight question responses in a word-processing program. Don't type it directly into the application. This way, you will have the opportunity to print copies for review.

Write persuasively. Making a list of accomplishments, activities, awards or work will lessen the impact of your words. Expand on a topic by using specific, concrete examples to support the points you want to make.

Use "I" statements. Talk about yourself so that "UC" can get to know your personality, talents, accomplishments and potential for success on a UC campus. Use "I" and "my" statements in your responses.

Proofread and Edit. In addition to checking your spelling, be sure your grammar is correct and your essays flow smoothly. Grammatical and spelling errors can be distracting to the reader and get in the way of what you're trying to communicate.

Solicit feedback. Your answers should reflect your own ideas and be written by you alone, but others — family, teachers and friends — can offer valuable suggestions. Ask advice of whomever you like, but do not plagiarize from sources in print or online and do not use anyone's published words but your own.

Copy and paste. Once you are satisfied with your essays, save them in plain text (ASCII) and paste them into the space provided in the application. Proofread once more to make sure no odd characters or line breaks have appeared.

Private and Out of State Schools

- Look at websites for application information, due dates and admission requirements
- Explore WUE ([Western Undergraduate Exchange](#)) for decreased out-of–state tuition
- Many schools use a common form called the "Common Application."
- If the Common Application is available we recommend you use it
- Look at testing requirements
- See if Letters of Recommendation are required and from whom. Request letters in person first, then on Naviance at least 2 weeks in advance of deadline and complete the following information; Resume (required), Senior Information Sheet, and Parent Brag sheet (recommended). **See detailed steps for requesting a Letter of Rec. under the "Seniors" link on the Counseling Page on the SRHS website.**

Common Application

- The Common Application is scheduled to go live on August 1st, but some applicants may want to start thinking about the essay before then. See Common Application for details. *Remember, each individual private or out of state school may also have a prompt and/or supplemental essays that you are required to address.

Tips on writing Common App Essays: Below is one website & there are many more.
http://collegeapps.about.com/od/essays/a/common-application-essay-prompts.htm

Types of Applications
- Regular Admission - (CSU/UC ~ Nov 30th, Private schools~ mid-Nov thru mid-January)
- Early Decision - must attend if accepted. (Beginning of October- Beginning of November).
- Early Action – receive decision early but not necessarily binding, may be able to apply to more than one early action school. (Beginning of October- Beginning of December)
- Rolling (August – August)
- *Always read the fine print, each college may have their own rules regarding the different types of applications.*

Preparing for College -

Junior Checklist:

Fall:

- Start developing a resumé on Naviance:
  Record your accomplishments, activities, and work experiences. This will be an important part of your college application and will be helpful when applying to some colleges.

- Participate in activities outside of class:
  Consider clubs at school, team sports, leadership roles, or involvement in your religious or civic community group. You may be asked about activities in college applications.

- Test Prep:
  There are books, websites & test prep companies Important to do timed practice tests!

- Test Dates:
  Look up test dates for the ACT, and SAT. You'll need to register up to six weeks ahead of time. Plan to take at least one of these tests in the spring and again next fall during your senior year.

January/February:

- Senior Schedule:
  Meet with your counselor and speak with current teachers to develop your senior schedule. Make sure that you will be enrolled in the most challenging courses for which you are qualified.

- Register for SAT/ACT:
  Register for a spring offering of the SAT and/or ACT. Look on-line to see if college/major is recommending or requiring Subject Test/s this spring.

- College Summer Opportunities:
  Research summer opportunities on college campuses. These can be a great way to find out what college life is all about and make you a more attractive candidate for admission to colleges. Look for community service opportunities. *Deadlines are often early in the year for summer opportunities*.

March/April:

🟥 Look at colleges:

Begin taking a more serious look at colleges and universities. Get to know the admission criteria for your top schools (i.e. entrance exams, course requirements, etc.) and know where you stand in relation to those requirements.

🟥 Make A File/Binder :

For each college in which you are interested gather information about academics, financial aid, and campus life. Information can be obtained by going to college fairs, open houses and researching online.

🟥 College Visits:

Begin planning college visits (in-person or virtual); go on a campus tour, visit with advisors/faculty and talk with current students. Spring break is a good time to visit. Try to visit colleges near you and include a large, medium size, and small campus

🟥 Summer Activities:

Think about lining up a summer job, internship or volunteer opportunity.

May:

🟥 Look at College Applications:

Take a look at some college applications and consider all of the different pieces of information you will need to compile (transcript, test scores, etc.)

🟥 Recommendation Letters:

Make a list of teachers, counselors, employers, and other adults whom you might ask to write letters of recommendation for your college applications. Complete the Senior Information Sheet and have your parents complete the Brag Sheet.

Summer:

🟥 College Search:

Continue investigating colleges and start to narrow down your choices.

🟥 Applications & Essays:

Begin thinking about your applications, when they will be available to start completing and when they will be due. Generally, colleges will have their applications online by the beginning of August. Work on t he essays before you return to school!

College Comparison Worksheet

COLLEGE NAME			
Location —distance from home			
Size —enrollment —physical size of campus ---class sizes			
Environment —type of school (2- or 4-year) —school setting (urban, rural) —location & size of nearest city —co-ed, male, female —religious affiliation			
Admission Requirements —deadline —tests required —average test scores, GPA —notification			
Admit Rates			
Academics —your major offered —special requirements —accreditation —student-faculty ratio —typical class size			

College Expenses —tuition, room and board — estimated total budget —application fee, deposits			
Financial Aid —deadline —required forms —percentage receiving aid —scholarships			
Housing —residence hall requirement —food plan			
Facilities —academic —recreational —other			
Activities —clubs, organizations —Greek life —athletics, intramurals —other			
Campus Visits —when —special opportunities			

Helpful Websites

act.org – Sign up for ACT and send scores. Resource for college.

collegeboard.org – Sign up for SAT and send scores. Also a resource for college, PSAT, AP and SAT.

collegeweeklive.com – Virtual tours and live chats with current students and admissions officers. Offers webinars about the application process and financial aid.

californiacolleges.com – Source for college and career planning in CA.

collegedata.com – On-line college advisor

fafsa.ed.gov – Free application for federal student aid

fastweb.com – Fastweb hosts more than 1.5 million scholarships that provide more than $3.4 billion in funding. Once you create a profile, the site's search feature will help you find the most accurate matches that fit your needs.

scholarships.com – Scholarships.com hosts one of the largest scholarship databases out there and it's updated on a daily basis.

calstate.edu/apply – Learn about and apply to the California State University.

universityofcalifornia.edu - Learn about and apply to the University of California.

ncaa.org – Must sign-up if planning on playing Division l, ll, lll sports in college.

wiche.edu/wue – Find colleges and majors out-of-state that offer reduced tuition costs.

instateangels.com – Learn how to get in-state tuition (out of state)

edvisors.com – Education tax benefits.

money4college.org (hefargroup) – Higher education financial aid resources.

cappex.com – Search and compare colleges, get admission information and apply for scholarships.

sdccd.edu – The San Diego Community College District (Miramar, Mesa, City). Search "Promise"to learn about how to go to college for free!

goingmerry.com – Similar to the Common App platform, but used for Scholarships. Matches students.